

### General club information

- Forest Baseball club has teams from Under 7s all the way through to adults. We cater for all abilities accommodating ages 4 and up.
- From Under 8's onwards, Forest teams play against other clubs affiliated with Manly-Warringah Junior Baseball League.

### Under 9 to Senior League (Under 16/17) (Teeball / Zooka / Live pitch)

- Played 8:30am or 10:30 Saturday morning. Each division plays in the same time slot each week.
  - Note: Senior League (U16/17) plays on Friday evenings under lights at Aquatic Reserve.
  - Note: Intermediate League (U13) plays Wednesday night. Those players are also eligible to play Saturday morning in either Little League Major (U12) or Junior League (U14) depending on their DOB. There will be a small additional fee to play in a 2nd team.
- Training is for 1-1.5hrs (age dependant) after school on weekdays at Aquatic Reserve, Ararat Reserve or Bambara Reserve.
- Games are 1.5 or 2 hours depending on the division (see chart below).
- Games are played on a home and away basis at different grounds in Frenchs Forest, Warriewood, Curl Curl and Cromer. Forest's home field is Aquatic Reserve Baseball Park in Frenchs Forest.
- Junior Registration fees are \$175 to \$230 (subject to slight change) **which can be reduced by \$100 if you use the Active Kids voucher!**
- Uniform costs vary depending on the age group. Attached uniform sheet provides the breakdown.
 

*\*Playing jersey for under 7s,8s and 9s provided on loan by Sapere Valuation (major sponsor)*
- Parents provide a glove and footy style boots or baseball cleats (ONLY Senior League can wear metal cleats).
- Our Rules recommend a mouth guard however younger divisions are low risk so it's at parents/guardians' discretion. A protective box is required for all male players.

Division	Game Times / Duration
Adults	Sat or Sun afternoons
Senior League (U17)	Sat 10:30am until DSL, Fri 5:15 & 7:30pm/2Hrs
Junior League Major (U14)	Saturday 10:30am / 2 Hrs
Intermediate League (U13)	Wednesday Night 5:15pm / 2 Hrs
Little League Major (U12)	Saturday 8:30am / 1.5 Hrs
Little League Minor (U11)	Saturday 10:30am / 1.5 Hrs
Little League Zooka (U10)	Saturday 8:30am / 1.5 Hrs
Under 9	Saturday 10:30am / 1.5 Hrs
Under 8	Saturday 8:30am / 1 Hr
Under 7	Saturday 9:00am / 1 Hr

Registration Fees*	
League Age 4-6	\$150
League Age 7-8	\$175
League Age 9	\$180
League Age 10- 12	\$220
League Age 13-16	\$230
Seniors	\$285

*Subject to slight change*

**Parental involvement**

- Our Club is run by volunteers and we appreciate every parent helping where they can. We have positions to suit everyone's available time commitment.
- Examples include Coach, Assistant Coach, Manager, Scorer, Umpire and Committee roles, or just helping out with working bees or ground set up and pack up when available.

*Working with Children check is essential for many of the above-mentioned positions.*

**Forest Baseball Club online**

- Website – [www.forestbaseball.com](http://www.forestbaseball.com) (links to registration found here).
- Facebook – Search for “Forest Junior Baseball Club”