

General club information

- Forest Baseball club has teams from Under 7s all the way through to adults. We cater for all abilities accommodating ages 4 and up.
- From Under 8's onwards, Forest teams play against other clubs affiliated with Manly-Warringah Junior Baseball League.

Under 7's (Aussie Teeball) specific information

- Played Saturday mornings (9am to 10am) for 10 weeks (10 October - 12 December).
 - Approximately 30 minute skill sessions followed by 30 minute mini-games.
 - All sessions conducted at Aquatic Reserve Baseball Park.
 - **Cost is \$150 which includes a Forest cap, pants, club jersey* and glove, which can be reduced by \$100 if you use the Active Kids voucher!**
- *Playing jersey is provided on loan by Sapere Valuation (major sponsor)*
- All you need to provide are runners/footy boots or cleats (no metal studs), protector and mouth guard (if necessary).
 - Our Rules recommend a mouth guard however this is a low risk division and is at parents/guardians' discretion. A protective box is required for all male players.

Parental involvement

- Under 7's is all about getting the kids moving, learning the game and having fun!
- Our Club is run by volunteers and we appreciate all and any assistance. Parents are encouraged to get involved with the session managers/coaches.

Forest Baseball Club online

Website – www.forestbaseball.com (links to registration found here).

Facebook – Search for “Forest Junior Baseball Club”

Division	Game Times / Duration
Senior League (U16)	Sat 10:30am until DLS, Fri 5:15 & 7:30pm/2Hrs
Junior League Major (U14)	Saturday 10:30am / 2 Hrs
Intermediate League (U13)	Wednesday night 5:15pm / 2 Hrs
Little League Major (U12)	Saturday 8:30am / 1.5 Hrs
Little League Minor (U11)	Saturday 10:30am / 1.5 Hrs
Little League Zooka (U10)	Saturday 8:30am / 1.5 Hrs
Under 9	Saturday 10:30am / 1.5 Hrs
Under 8	Saturday 8:30am / 1Hr
Under 7	Saturday 9:00am / 1 Hr