

General club information

- Forest Baseball club has teams from Under 7s all the way through to adults. We cater for all abilities accommodating ages 4 and up.
- From Under 8's onwards, Forest teams play against other clubs affiliated with Manly-Warringah Junior Baseball League.

Under 7's (Aussie T Ball) specific information

- Played Saturday mornings (9am to 10am) for 10 weeks (10 October - 12 December).
- Approximately 30 minute skill sessions followed by 30 minute mini-games.
- All sessions conducted at Aquatic Reserve Baseball Park.

Under 8 to Senior League (Under 16/17) (Teeball / Zooka / Live pitch)

- Each division plays in the same time slot each week with games 1 to 2 hours depending on the division (see chart below) over 15 rounds with finals thereafter for Under 9 and up.
- Training is for 1-1.5hrs (age dependant) after school on weekdays at Aquatic Reserve, Ararat Reserve or Bambara Reserve.
- Games are played on a home and away basis at different grounds in Frenchs Forest, Warriewood, North Shore, Curl Curl and Cromer. Forest's home field is Aquatic Reserve Baseball Park in Frenchs Forest.
- Baseball NSW is affiliated with the Active Kids Voucher scheme meaning a \$100 reduction on fees if used.

Division	Game Times / Duration
Adults	Sat or Sun afternoons
Senior League (U17)	Sat 10:30am until DSL, Fri 5:15 & 7:30pm/2Hrs
Junior League Major (U14)	Saturday 10:30am / 2 Hrs
Intermediate League (U13)	Wednesday Night 5:15pm / 2 Hrs
Little League Major (U12)	Saturday 8:30am / 1.5 Hrs
Little League Minor (U11)	Saturday 10:30am / 1.5 Hrs
Little League Zooka (U10)	Saturday 8:30am / 1.5 Hrs
Under 9	Saturday 10:30am / 1.5 Hrs
Under 8	Saturday 8:30am / 1 Hr
Under 7	Saturday 9:00am / 1 Hr

Parental involvement

- Our Club is run by volunteers and we appreciate every parent helping where they can. We have positions to suit everyone's available time commitment.

Forest Baseball Club online

- Website – www.forestbaseball.com (links to registration found here).
- Facebook – Search for “Forest Junior Baseball Club”