



# FOREST BASEBALL CLUB 2024/2025 SEASON GUIDELINES



Under 5/6/7

Forest Futures - Skills Program

Visit: [www.forestbaseball.com](http://www.forestbaseball.com)

## General club information

- Forest Baseball Club is the largest baseball club on the Northern Beaches of Sydney, catering for boys and girls from the age of 4 and over.
- The club caters to all experience levels, from beginners to experienced veterans.
- Between 4 and 7 years of age, skills sessions and small-sided games are run in-house with other Forest players and teams. From Under 8 onwards, Forest teams play against other clubs affiliated with Manly-Warringah Junior Baseball League.
- Our club prides itself on ensuring everyone is welcome, with a focus on participation and having fun. We also offer strong junior development pathways for talented players, with many of our players going on to represent Manly, NSW and Australian junior teams, as well as gaining scholarships to colleges in the USA.

## Under 5/6/7 (Forest Futures) specific information

- Played Saturday mornings (8am to 9am and 9.15am to 10.15am) for 8 weeks (12 October – 30 November). Potential to run similar sessions in Term 1, 2025 (early February to late March).
- Approximately 30 minute skill sessions followed by 30 minute mini-games.
- All sessions are conducted at Ararat Reserve (Aquatic Reserve is under maintenance this summer).
- Cost is \$190 which includes a Forest cap, playing T-shirt, shorts and glove, which can be reduced to \$140 if you use the Active Kids voucher!
- Cost is \$140 for returning Futures that don't require new kit, which can be reduced to \$90 if you use the Active Kids voucher!
- All you need to provide are footy boots or cleats (moulded studs), protector and mouth guard (optional).

## Parental involvement

- Under 5/6/7s is all about getting the players moving, learning the game and having fun!
- Our Club is run by volunteers and we appreciate all and any assistance. Whilst not essential, parents are encouraged to get involved with the sessions and assist coaches. Otherwise kick back and grab a bacon and egg roll from the canteen!

## Forest Baseball Club online

Website – [www.forestbaseball.com](http://www.forestbaseball.com)

Facebook – Search for “Forest Junior Baseball Club”

Any further questions please contact: [secretary@forestbaseball.com](mailto:secretary@forestbaseball.com)